

# The Neurodivergent Family and Business

LEONORA BAMFORD  
Founder of My Baba



**MY  
BABA**  
THE FAMILY LIFESTYLE DESTINATION



# JOURNEY

- Having a neurodiverse family
- Early diagnosis
- Slow processing speed
- Knowledge is key





# EXAMS

- Standardised testing
- Unclear guidelines
- Still a long way to go in educating from the top





# MY BABA

- Starting mybaba.com
- Neurodiversity in the workplace
- Professor Amanda Kirby
- Cliff Weitzman - Speechify





Backed by science  
and loved by parents

# GUT HEALTH

- The gut microbiome
- Links to brain function and behaviours
- Links to GI
- The importance of fish oils



# BABA WEST



Science

Health

Immunity



# FUTURE...

- The next chapter



# RESOURCES



## NEURODIVERSITY



### Best Fidget Toys For Kids

Fidget toys can be really helpful for kids with ADHD, as they can provide a physical outlet for excess energy and help improve focus and concentration.



### Benefits Of Play For Children With Autism

We find out how the right kind of play can have all sorts of benefits for children with autism, together with tips for parents on how to engage their children.



### Parental Control, Ep 80: Does My Child Have ADHD? Signs, Symptoms And How To Get Help

Managing director and lead therapist of Headstuff ADHD Therapy Sarah Templeton joins the show to discuss ADHD in young children.



### Parental Control, Ep 79: Food, Mood And Gut Health For The Whole Family

Naturdoc's founder and clinical lead Lucinda Miller joins Parental Control to discuss family nutrition, gut health and more.



### Top Tips For Helping Your Dyslexic Teen With Their Revision

Dyslexia can make it difficult for your teen to concentrate and copy out text, both of which are skills needed for traditional exam preparation.



### What is Inattentive ADHD And Why Is It So Hard To Spot?

Inattentive ADHD children are often thought to be 'in their own world' or 'away with the fairies'.



### Autism in Girls: Does My Daughter Have Autism?

Find out why many autistic females often miss out on an autism diagnosis or can be misdiagnosed with other conditions.



### 5 Tips To Help Dyslexics Learn Tricky Spelling

Founder and CEO of global charity Made By Dyslexia Kate Griggs shares her expert tips to help dyslexics learn tricky spellings.



### Parental Control, Ep 47: Leo Discusses All Things Dyslexia With The Founder Of Speechify



### What IS Dyslexia? The Must-Watch Ted-Ed Video



### Leonora's Lowdown On Dyslexia, Neurodiversity And Helpful Resources



### Great Children's Books For Reluctant Readers This Christmas Season

• <https://www.mybaba.com>

• <https://www.babawest.co.uk>

• <https://speechify.com>

• <https://www.texthelp.com>

• <https://www.readandspell.com>

• <https://www.barringtonstoke.co.uk>

• <https://doitprofile.com>

• <https://www.dyscalculianetwork.com>

